



ANNA INCERTI
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team: Fiamme Azzurre Roma

coach: Tommaso Ticali



European Champion Marathon 2010
Silver Medal University Games Daegu 2003
Olympic Games Beijing 2008
Olympic Games London 2012
European Team Champion 2006-2010-2014
National Record in 10k (road)
Team Italy since 2002

Personal Best times

distance	time		
1500	4'21	Palermo	2004
3000	9'08	Milano	2004
5000	15'15"30	Palermo	2011
10000	33'19	Lumezzane	2003
10k road	32'14	Barcellona National record	2009
halfmarathon	1h8'18"	Roma	2012
marathon	2h25'32"	Berlino	2011

Marathon progression time

2h34'40	Florence		1	2004
2h32'53	Goteborg	European Championship	9	2006
2h36'36	Osaka	Word Championship	17	2007
2'30'55	Bejing	Olympic Games	14	2008
2h27'42	Milan		1	2008
2h29'30	Rome		5	2009
2h32'48	Barcelona	European Championship	1	2010
2h27'33	Osaka	Osaka International woman marathon	4	2011
2h25'32	Berlino	BMW Berlin Marathon	6	2011
2h29'38"	London	Olympic Games	29	2012
2h29'58"	Zurich	European Championship	6	2014
2h28'58"	Torino		2	2014
2h29'10"	Nagoja		7	2015

race 2015	distance	Time	Position
Nagoja Womens Marathon	marathon	2h29'10"	7
Giro internazionale città di Oderzo	5k	-	2
Trofeo di Telesia	10k	33'15"	2
Gonnesa (Ca)	5k	-	2
Trecastagni (Ct), Campionati Italiani	10k	34'11"	1

race 2014	distance	Time	Position
Romeo & Giulietta Halfmarathon, Verona	halfmarathon	1h10'10	2
Roma- Ostia	halfmarathon	1h10'15"	5
Bavisela- Trieste	halfmarathon	1h10'20"	1

<i>Lisbona- Corida de Mulher</i>	<i>5k</i>		<i>4</i>
<i>Trofeo di Telesia</i>	<i>10k</i>	<i>33'06</i>	<i>1</i>
<i>"Le Miglia di Agordo"</i>	<i>5k</i>		<i>1</i>
<i>Zurich European Championship</i>	<i>marathon</i>	<i>2h29'58"</i>	<i>6</i>
<i>Giro città di Pordenone</i>	<i>5k</i>		<i>1</i>
<i>Deejay Ten Milano</i>	<i>10k</i>		<i>1</i>
<i>Torino</i>	<i>marathon</i>	<i>2h28'58"</i>	<i>2</i>

race 2013 (maternity)	<i>distance</i>	<i>Time</i>	<i>Position</i>
Asics Run- Cuneo	5	-	3
We Run Rome	10	-	5

race 2012	<i>distance</i>	<i>Time</i>	<i>Position</i>
Stratrieste (Ts) gara podistica internazionale	10.9	-	1
Giochi Olimpici- London	marathon	2h29'38"	29
Trofeo Internazionale Telese Terme (Bn)	10	32'47"	2
Giro Internazionale Oderzo città archeologica	5.5	-	2
Stamilano	halfmarathon	1h10'46"	2
Roma-Ostia	halfmarathon	1h8'18"	5

race 2011	<i>distance</i>	<i>time</i>	<i>position</i>
We rome run, Rome	10k	32'53"	2
Corida de Houilles (Fra)	10k	32'08	3
Bupa Road Race Porthsmouth (Eng)	10mile	54'18"	6
BMW Berlin marathon	marathon	2h25'32"	6
Bianco International road race	5k	-	2
Telese, Trofeo Internazionale Telese Terme	10k	33'22"	1
Stoccolma, Coppa Europa	5k	15'35"	6
New York	10k	33'22"	11
Meeting Palermo	5k	15'15"30	1
Manchester International Bupa Race	10k	32'36"	5
Oderzo	5k		1
Stramilano	halfmarathon	1h10'41"	2
Roma-Ostia	halfmarathon	1h09'06"	1
Osaka International Ladies Marathon	marathon	2h27'33"	4

race 2010	<i>distance</i>	<i>time</i>	<i>position</i>
Valencia	halfmarathon	1h10'41"	3
Bupa South Great Run, Manchester	10mile	53'31"	4
Scicli, Memorial Peppe Greco	6k		7
Barcelona, European championship	marathon	2h32'48	3
Villa Real (Por) European Cup Team	5k (track)		3
Villa Real (Por) European Cup Team	3k (track)		3
Oderzo, Giro podistico internazionale	6k		2

Milano, Stramilano	halfmarathon	1h10'59	5
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race 2009	<i>distance</i>	<i>time</i>	<i>position</i>
Mediterraneo Games	halfmarathon		1
Rome marathon	marathon		5
Roma-Ostia international halfmarathon	halfmarathon	1h9'24"	1
Monteforte, Montefortiana Turà road rece	10k		1

race 2008	<i>distance</i>	<i>time</i>	<i>position</i>
Barcelona, Corida de S.Silvestre	10k	32'12 National record Personal best	1
Villabate (Pa) Giro podistico internazionale	10k		1
Milano, Milano city marathon	marathon	2h27'42	1
Cremona	halfmarathon	1h11'25	1
Pechino, Olympic Games	marathon	2h30'55	14
Roma half marathon	halfmarathon		1
Avellino, Italian Championship	halfmarathon		1
Lignano S.(Ud)	halfmarathon		1
Corrida S.Giminiano (Mo)	13k		1

race 2007	<i>distance</i>	<i>time</i>	<i>position</i>
Osaka, Word Championship	marathon	2h36'36	17
Miglianico Tour			2
Udine	halfmarathon		1
Roma-Ostia International halfmarathon	halfmarathon	1h11'20 National leading	3

race 2006	<i>distance</i>	<i>time</i>	<i>position</i>
S.Daniele (Ud) International road race	10k		1
Villabate (Pa), Giro podistico internazionale			1
Palermo, Vivicità	10k		1
Goteborg, European Championship	marathon	2h32'53	9
Caorle, National Team Championship	5k (track)		1

race 2005	<i>distance</i>	<i>time</i>	<i>Position</i>
out due to an injury			

race 2004	<i>distance</i>	<i>time</i>	<i>Position</i>
Roma-Ostia international halfmarathon	Halfmarathon		2
Udine, International half marathon	halfmarathon	1h10'56	2

race 2003	<i>distance</i>	<i>time</i>	<i>Position</i>
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Villamura (Por) World Championship halfmarathon	halfmarathon		21
Daegu (Korea) university games	halfmarathon		5
Daegu (Korea) university games	10k (track)		3
Milano, National team Championship	5k (track)		1
Lumezzane (Bs) National Championship	10k (track)		2
Firenze, National Championship	5k (track)		1

race 2002	<i>distance</i>	<i>time</i>	<i>Position</i>
Medulin (Croatia) European cross country championship	8k		
Cossato (Bi) international cross country	8k		3
Pettinengo (Bi) International road race	8k		4
Castelbuono (Pa) Giro podistico Internazionale	6k		4
Trento, Meeting Donna Sprint	5k (track)		1
Udine, National championship	halfmarathon	1h12'30 National record U-23	1 (U23) 3
Pescara, National team championship	5k (track)		1
Milano, National Championship U-23	5k (track)		1

race 2001	<i>distance</i>	<i>time</i>	<i>Position</i>
Arezzo, national championship U-23	halfmarathon		3
Catania, National championship	5k (track)		3
Napoli, international halfmarathon	halfmarathon		1